

Come Dance With Us!

Did you know we house 4 different types of dance classes at the Council on Aging?

Classes are held at 600 Tyler Ave., SE, Fort Payne, AL 35967.

Like us on [Facebook @DeKalbCoA](#) to find pictures and videos of our programs.

Partner Dances

Round Dancing Class

When: Tuesdays, 5:30 pm - 8:30 pm
Call (256) 640-6599 for info.

Who: Ages 14 and Older

Cost: \$5 per class per person

Joining: *New Dancers* start in June.
Experienced Round Dancers can begin any time.

What is it? Couples and individual dancers dance in the room in a large circle while the instructor, called a "Cuer", tells them what steps to do. They all do the same steps in unison. All of the ballroom dance rhythms are included.

Duos & Solos Square & Round Dancing Club

When: Thursdays, 5:30 pm Rounds
6:30 pm Squares
Call (256) 714-4515 for more info.

Who: Ages 10 and Older

Cost: \$15 per month

Joining: *New Dancers* start in February.
Experienced Square Dancers can begin any time.

What is it? Square Dancing is a dance of 4 couples arranged in a square that do a series of movements or patterns that are spoken or sung by a "Caller". As the dance progresses, new formations occur. You change partners during the dancing.

Ballroom Dancing Class

When: Mondays, 6 pm – 7:30 pm
Call (662) 213-2401 for more info.

Who: Ages 14 and Older

Cost: \$5 per class per person

Joining: Join any time of the year.

What is it? Ballroom Dances are partner dances where the gentleman gets to: choose their favorite step, lead those steps when they want to, & use as many or as few steps as they want. In this class, you will learn the basic steps of Waltz, Rumba, Foxtrot, Cha-cha, Swing, Night Club 2-Step, & many more! Great exercise for your body & brain!

No Partner Needed

Line Dancing Class:

When: Tuesdays, 1:30 for *Beginners*, 2:30 for *Experienced*

Who: Ages 50 and Older

Cost: Free

Joining: Join any time of the year.

What is it? It is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, executing the steps at the same time. Dancers do not need partners. **For more info:** Call (256) 845-8590.